



Warming up to Cold Wave

Follow simple precautions

- Have adequate winter clothing
- Stay indoors as much as possible
- Prefer mittens over gloves; mittens provide more warmth and insulation from cold
- Listen to radio, watch TV, read newspapers for weather updates
- Drink hot drinks regularly
- Take care of elderly people and children
- Store adequate water as pipes may freeze
- Have emergency supplies ready



**Be Smart
Be Prepared**

